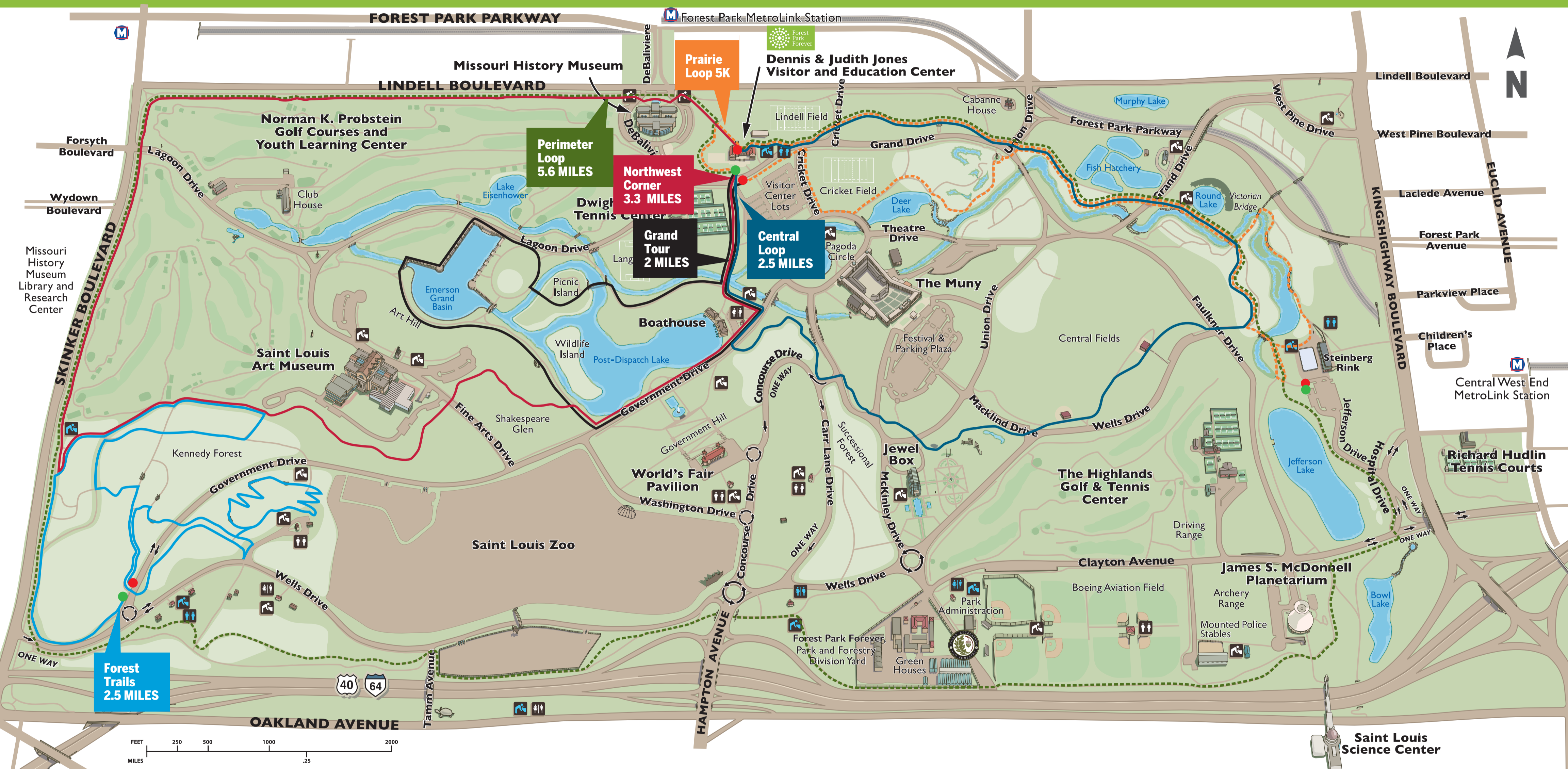



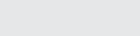



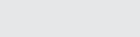


FOREST PARK RUNNING MAP

Step Up Your Run Routine With These 6 Scenic Routes



MAP KEY

 2 MILES Grand Tour	 2.5 MILES Forest Trails	 2.5 MILES Central Loop	 Park Path (mixed use)
 5K (3.1 MI) Prairie Loop	 3.3 MILES NW Corner	 5.6 MILES Perimeter Loop	 START/ FINISH

			
Restroom seasonal	Restroom year-round	Drinking Fountain seasonal	Drinking Fountain year-round

TRY IT OUT

Offering a variety of running surfaces and terrain grades, Forest Park offers a plethora of routes for any level of runner. See our official Visitor Guide or forestparkmap.org for a map with all the Park's trails, as well as for differentiation between gravel and asphalt paths.

- Highlighted routes may include steps, boardwalks, gravel and asphalt terrain.
- Paths are mixed use; please stay to the right of the path and be aware of your surroundings and other users at all times.
- In case of emergency, dial 911